

JUBILEE RIVER SWIM 2020

Welcome to the 9th Jubilee River Swim. Please take some time to read the following event information to eliminate the chance of any unfortunate surprises on the day.

There are some important changes to previous years – even if you are seasoned Jubilee Swimmer, PLEASE DO READ THIS.



**SUNDAY 20 SEPTEMBER
2020**

**TAPLOW – ETON
10KM**

PARKING AND REGISTRATION

The start of your day will be at [Thames Valley Athletics Centre, Pococks Lane Eton, Windsor SL4 6HN](#).

N.B. THIS IS A DIFFERENT VENUE TO RECENT YEARS!!! When you arrive, please follow event signs and marshals to our designated event car parking.

At Registration you'll find portable toilets and hand sanitisers in addition to our wonderful registration team and volunteers to help make everything simple for you. There will not be any catering provision at registration this year – so please come well fuelled and hydrated!

On the event morning you will collect:

- Event Swim Cap – which must be worn during the event
- Ankle timing chip – don't lose this, we don't have spares and they are expensive to replace!
- Numbered luggage label for your bag



TRANSPORT TO THE SWIM START

Transport is provided for all swimmers from

Registration to the actual swim start in Taplow. Those who have pre-purchased spectator bus tickets will be handed those at registration. There are no further spectator bus tickets available to purchase. Seating for swimmers will be prioritised ahead of spectators and it is possible that spectators may be asked to wait to travel on a later bus. Well behaved dogs are permitted to travel on the buses.

Due to current social distancing guidelines, there is to be only one person sat on each double bench seat within the buses and **MASKS ARE MANDATORY. NO MASK = NO BUS RIDE**

The buses will drop you off around a 400m walk from the swim start area; you'll be met by our team and there will be signage guiding you in the right direction. At the bus drop off point there will be a coffee van for anyone wanting a hot drink and there will be more toilets.

You can bring a SMALL drawstring bag on the bus to put your possession you will be travelling in before your swim. Please don't bring a suitcase! Your cars will only be 400m from the finish line, so please leave your change of clothes etc in your car.

EVENT TIMETABLE

We have ten swim waves with 30 swimmers in each. Each wave will start 10 minutes apart. Your swim wave is determined by your predicted finish time with the progressively later waves being made up of those swimmers with the faster estimated times. Don't get too concerned about the swim group you're in – there's no such thing as being in the wrong group!

Final swim start times will be confirmed on Monday 14 September 2020.

The Jubilee River Swim is not a race, and we can guarantee that the quality of the prizes reflects this! We want you to enjoy your experience but appreciate that some of you will wish to 'race' more than others; we do however ask that you put each other's safety above all else and look after each other.

Despite starting in waves of relatively similar abilities, you're bound to spread out as distance passes and faster swimmers starting later will catch up with slower swimmers who started earlier. Please be respectful of others, the Jubilee River is large enough that nobody needs to be swum over!!

**Please be mindful of others
at all times during the
event and maintain social
distancing at all times**

Time	What's happening!
06:30	Car park opens
07:00	Registration opens
08:00	Buses for Wave 1, 2 & 3 depart registration
08:20	Buses for Wave 1, 2 & 3 arrive at start
08:30	Buses for wave 4, 5 & 6 depart registration
08:30	Registration closes
08:50	Buses for wave 4, 5 & 6 arrive at start
09:00	Buses for wave 7, 8, 9 & 10 depart registration
09:00	Wave 1 starts
09:10	Wave 2 starts
09:20	Wave 3 starts
09:20	Buses for wave 7, 8, 9 & 10 arrive at start
09:30	Wave 4 starts
09:40	Wave 5 starts
09:50	Wave 6 starts
10:00	Wave 7 starts
10:10	Wave 8 starts
10:20	Wave 9 starts
10:30	Wave 10 starts
12:30	First Finishers Expected
14:30	Final Finishers Expected
15:00	TO THE PUB (GARDEN!)

"It's not a race!"

THE COURSE

There are three weirs along the course; at which you have to exit the water and go around them on foot, this is a short walk on mixed surfaces, gravel, grass, concrete. **EACH EXIT POINT IS ON THE RIGHT-HAND SIDE OF THE RIVER.** We don't want any swimmers over-shooting the exit points, so listen out for marshal / water safety team instructions. The swim exit at the end of leg 2 is partially blind.

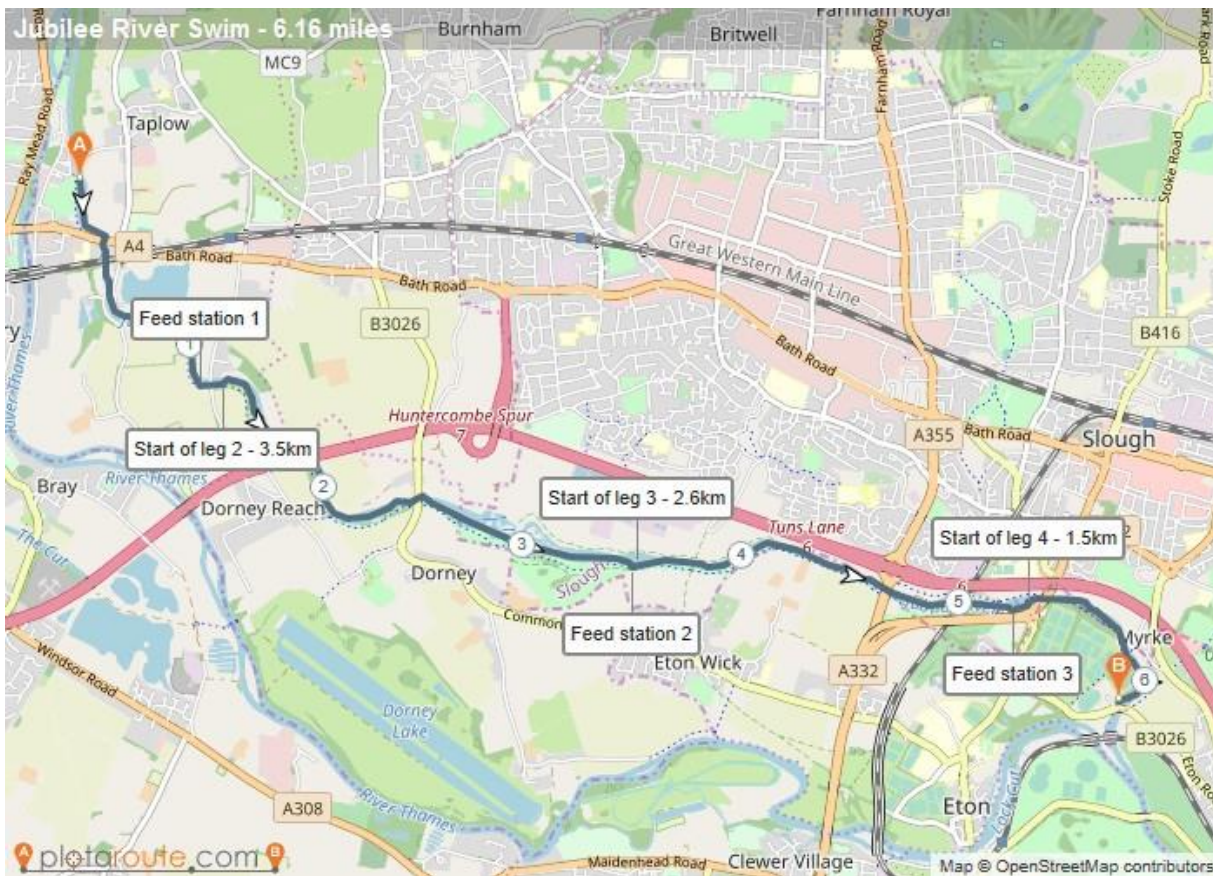
The swim legs are the following distances: -

Leg one – 1.9km

Leg two – 3.5km

Leg three – 2.6km

Leg four – 1.5km



SWIM ETIQUETTE

Please only enter or leave the water at the designated areas, unless in the instance of an emergency. Please take your time and carefully enter or leave the water; our marshals will be there to assist you so please listen to them as they have your safety in mind.

Each swim group will be supported by an experienced water safety team; they are there to guide you along the river and to look after you – LISTEN TO THEM! As a general rule for the swim, **PLEASE SWIM ON THE RIGHT HAND HALF OF THE RIVER AT ALL TIMES.**

The use of tow floats, neoprene hats, gloves and booties etc. is permitted. The use of music listening devices is strongly discouraged as you may not hear important instructions. There is a gentle assisting current!



This year, **you are required to bring your own food and drink that you will require during the event.**

At Registration there will be clearly labelled boxes for each wave and for each of the three feed stations, i.e.

WAVE 1 - FEED STATION 1

Please place your **clearly named and identifiable nutrition ziplock bags** in the relevant boxes as required. We will transport these boxes to the feed stations for you.

If using a towfloat – you are welcome to use this to transport some/all of your nutrition requirements.

Hand sanitizer will be available at each feed station

There will be water available at the feed stations in the case of emergency.



PLEASE NAME YOUR
NUTRITION BAGS



WATER TEMPERATURE

The water temperature over the previous years has been in the region of 15.5 - 16.5°. If you indicated you were swimming “skins” when you registered and wish to change to wetsuit, or vice versa – please do let us know.

EVENT PHOTOS

We are hoping to have an event photographer at the event to capture your best side, not so best side and “race” face so bring your best smiles with you!

THE FINISH

You’ve made it! The finish is at Eton, where you’ll exit the water for the final time. There will be bottled water and snacks available for you to help yourselves too.

We’ll collect your timing chip and strap before you head back to your car a short walk away. You may be a bit wobbly so please take your time!

Please note there are no shower facilities available this year.

Your result/swim time can be found at www.dbmax.co.uk.

Every swimmer will also receive an iTAB, engraved with their name & finish time, which fits neatly into the event momento which we will send to you after the event.